CURRICULUM VITAE - MARIËLLE STEL

November 2026

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Section of Psychology of Conflict, Risk, and Safety
Department of Technology, Human and Institutional Behaviour
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Highlights

- My mission: empowering individuals and society to facilitate sustainable, healthy, and safe behaviours
- Research topics: sustainability; protein transition; risk; safety; behaviour change; interventions; resilience; animal-human relations; (anti)social behaviour; empathy; mimicry; deception; social influence
- Graduated *cum laude* in Social Psychology, 2001
- Received Ph.D. in Social Psychology, 2005
- Currently Associate Professor (with IUS promovendi) at the University of Twente
- Published 77 peer-reviewed articles, book (chapter)s, and reports.
- Google Scholar *h* index = 20
- Supervise(d) 8 Ph.D. students and 29 junior researchers & research assistants
- Frequently engages in acquisition of research funding (e.g., ERC, NWO). Total amount of accomplishments approx. €1.5M
- Section-editor Social Influence of *Social and Personality Psychology Compass*
- Obtained BKO & English Teaching Qualification, 2010 & 2011
- Developed, coordinated, and taught various courses at the bachelor, master, and research master level
- Educational Director of the Bachelor and Master programmes of Psychology at the University of Twente, 2016-2023
- Currently chair of the section Psychology of Conflict, Risk, and Safety and of the department Human and Institutional Behaviour at the University of Twente

Introduction

I feel it as my mission to empower individuals and society to enhance their safety for both physical threats (disasters and crises) as well as social threats (other people). In my recent lines of work, I have been studying how to protect citizens from disasters and crises (e.g., climate crisis, pandemics). Currently, I am interested in addressing the risks associated with our current consumption pattern by facilitating behaviour change towards a sustainable and healthy lifestyle. This is investigated from a multi-level perspective, focusing on the role of citizens, governments, and organizations and with attention to individuals, the social groups they belong to, and contextual factors. I particularly focus on designing and evaluating theory-based interventions addressing the barriers that prevents people from changing their behaviours. By investigating how to facilitate the protein transition, I contribute to the solutions of the most urgent challenges of our time: to fight climate change, to prevent future pandemics, and to reduce diet-related diseases.



Education

I graduated *cum laude* in Social Psychology at Radboud University (RU) Nijmegen. From 2001-2005, I was a Ph.D. student at the department of Social Psychology at the RU, during which I attended the education program for Ph.D. students of the Kurt Lewin Institute. I obtained my Basic Teaching Qualification for lecturers in academics (2010) and my English Qualification for academics (2011). In 2016/2017, I participated in an Academic Leadership-course.

2016/2017:	Course 'Academic Leadership', Centre for Teaching and Development (CTD)
2012:	Teaching course for academics 'Teaching and theatre techniques', Tilburg University
2011:	English Qualification (proof of reading, listening, writing, speaking for academics)
2010:	Basic Teaching Qualification (BKO, proof of didactic competence for lecturers in academic education)
2003:	Teaching course for academics 'How to teach' (IOWO, Nijmegen)
2001 – 2005:	Ph. D. student, Department of Social Psychology, Radboud University Nijmegen.
2001 – 2005:	Courses and workshops within the education program of the Kurt Lewin Institute.

1997 – 2001:	B.A. and M.A. in psychology, Radboud University Nijmegen. Thesis: The role of mimicry in the recognition of emotions. Advisor: Prof. dr. Ad van Knippenberg. Graduation: *Cum laude*, April 2001.

Experience

Currently, I work as an Associate Professor (with IUS promovendi) at the section of Psychology of Conflict, Risk, and Safety at the University of Twente. I have ample experience in managerial tasks (e.g., career advice committee, ethical committee, admission committees, coordinator research master, thesis, chairing the discipline council of Psychology). Also, I was educational director of the Bachelor and Master programmes of Psychology for 6 years, during which I redesigned the programmes to focus on the interplay between humans and technology. Together with the psychology team, I was able to substantially increase student satisfaction (i.e., best Psychology programme of the Netherlands). Currently, I am chairing the Associate Professor Career Advice Committee of the Faculty of Behavioural, Management, and Social Sciences at the University of Twente. Also, I serve as chair for the section Psychology of Conflict, Risk, and Safety as well as for the department Human and Institutional Behaviour at the University of Twente

I supervise(d) 8 Ph.D. students and 29 junior researchers and research assistants on empowering individuals and society to enhance safety. I organized and coordinated various conferences, symposia, and colloquia. Currently, I am section-editor of Social Influence of the internationally respected journal *Social and Personality Psychology Compass*. Finally, I am an expert reviewer for several international grant organizations (e.g., SSHRC, DFG, ANR, NWO).

Academic Positions

2016 – present:	Associate Professor at the Section of Psychology of Conflict, Risk, and Safety at the University of Twente.
2010 – 2016:	Assistant Professor (tenured) at the Department of Social Psychology at Tilburg University.
2009 – 2010:	Assistant Professor at the Department of Social and Organizational Psychology at Utrecht University.
2005 – 2009:	Assistant Professor at the Department of Social and Organizational Psychology at Leiden University.
2005 – 2007:	Developer Student Learning Program textbook Social Psychology, Psychology Press
2001 – 2005:	Ph.D. student on the project 'The social functions of mimicry', at the Department of Social Psychology, Radboud University Nijmegen. Advisor: Prof. dr. Roos Vonk.
2001:	Research assistant, Department of Social Psychology, Radboud University Nijmegen

Supervision & mentoring experience

Promotor and daily supervisor Ph.D. project of Aiko Unterweger with Ariana Need, Menno de Jong and Michel Ehrenhard 'Uncovering washing practices: Providing insights and solutions to consumers' impaired ability to detect deceptive marketing' (2025 – ongoing)

Promotor Ph.D. project of Michelle Walterscheid with Nicole Huijts and Jeroen van der Ham 'Privacy and security risk perception of smart home IoT' (2024 – ongoing)

Promotor Ph.D. project of Michelle Walther with Steven Watson and Alexander Boden 'The detection of fake reviews in online shopping recommendation systems' (2023 – 2026; PhD awarded: April 24, 2026)

Supervisor Ph.D. project of Jeanette Hadaschik with Karlijn Massar and Rob Ruiter 'Early Adversity, Health-Behaviour, Risk-Taking and Decision-Making: An Evolutionary-Developmental Perspective' (2021 – present)

Supervisor Ph.D. project of Peter Slijkhuis with Steven Watson and Ellen Giebels 'Discrepancies between subjective and objective methods in deception research'. (2019 – 2026, parttime, PhD awarded: June 30, 2026)

Supervisor Ph.D. project of Bastian Jaeger with Tony Evans & Ilja van Beest 'Facial discrimination: The irresistible influence of first impressions'. (2015 – 2020; PhD awarded *cum laude*: July 3rd, 2020).

Daily supervisor Ph.D. project of Anna van 't Veer with Ilja van Beest 'Effortless morality – cognitive and affective processes in deception and its detection'. (2011-2015; PhD awarded: January 20th, 2016)

Daily supervisor Ph.D. project of Jessanne Mastop with Eric van Dijk 'Nonverbal behavior and its consequences towards people with high and low status'. (2007 – 2012; PhD awarded: September 27th, 2012)

Supervisor junior researchers and research assistants: Maria Tarela Rodgrigez, Stephanie Kester, Janniek de Klerk, Jill Beart, Loulou Plouvier, Noortje Neijens, Linda Oosterwijk, Mark Verschoor, Femke Kortekaas, Mone Kreeft, Marina Tulin, Sasha Perozo, Elcin Hanci, Bert aan den Toorn, Anis Karamzadeh, Robin Lazeroms, Zeynep Kutsal, Farah Djalal, Beatrice Bonga, Gizem Gunduz, Derya Azik, Burçin Akin, Didi Ketelaar, Bram Doms, Janina Eggers, Marleen Haandrikman, Sina Frerichs, Ina Brockmann, Johanna De Silva (2010 – present)

Mentor of Ph.D.'s and assistant professors, University of Twente (2017 – present)

Supervisor internships, bachelor and (research) master theses Psychology (2003 – present)

Mentor psychology students; 2nd year and master students, Leiden University (2005 – 2009)

Management and other committees

Present

2026– present:	Chair of department Human and Institutional Behaviour, University of Twente
2026– present:	Chair of section Psychology of Conflict, Risk, and Safety at the University of Twente
2025 – present:	NWO Social Sciences and Humanities Open competition L committee member 2025

2024– present:	Chair of the workgroup 'Environmental sustainability and behaviour change at the University of Twente
2023– present:	Chair of the Associate Professor Career Advice Committee of the Faculty of Behavioural, Management, and Social Sciences, University of Twente
2017 – present:	Coordinator teaching of the section of Psychology of Conflict, Risk, and Safety, University of Twente
2017 – present:	Member of the management board of the section of Psychology of Conflict, Risk, and Safety, University of Twente
2011 – present:	Ph.D. defence committees, at various universities
2002 – present:	Hiring committees/BACs at various universities

Past

2024 – 2018:	NWO Veni Social Sciences and Humanities committee 2023 / 2018
2019 – 2020:	Review panel board member for the General Meeting of the European Association of Social Psychology 2020
2018 – 2019:	Interim chair department of Psychology of Conflict, Risk, and Safety, University of Twente
2017 – 2021:	University of Twente Scholarship (UTS) selection committee
2017 – 2022:	Chair discipline council Psychology, University of Twente
2016 – 2022:	Admission committee Psychology of the Bachelor and Master programme of Psychology, University of Twente
2016 – 2022:	Thesis award committee of Psychology, University of Twente
2016 – 2023:	Educational director of Psychology of the Bachelor and Master programme of Psychology, University of Twente
2016 – 2021:	Treasurer of section of Psychology of Conflict, Risk, and Safety, University of Twente
2014 – 2016:	Educational director department of Social Psychology, Tilburg University
2014 – 2016:	Member of Education Committee Psychology, Tilburg University
2014 – 2016:	Admission committee Master Social Psychology, Tilburg University
2014 – 2015:	Member of management group 'Active and Intensive Learning', Tilburg University
2014:	Coordinator Research Master Social Psychology, Tilburg University
2012 – 2014:	Member of Ethical committee of Tilburg school of Social and Behavioral Sciences
2011 – 2016:	Qualtrics committee for Tilburg University
2005:	Thesis award committee of Psychology at Leiden University
2004:	Ph.D. student's representative of the Department of Social Psychology, Radboud University Nijmegen,
2003 – 2004:	Ph.D. students' representative of the Kurt Lewin Institute board
2003 – 2004:	Dissertation award committee of the Association of Social Psychology Researchers (ASPO)

Organization of conferences, symposia, workshops and other research meetings

Organizer of symposium 'Navigating the evolving consumer landscape: The role of (online) deception and sustainability in consumer decisions'. BMS conference, 2025, Enschede, The Netherlands.

Organizer of invited PHAIR symposium 'Evaluating intervention effectiveness on reducing animal product consumption' Animal Advocacy conference of the Society for the Psychology of Human-Interaction Intergroup Relations (PHAIR), United Kingdom, 2025

Organizer of ASPO symposium 'Towards a sustainable way of living: on psychological drivers, interventions, and confrontation effects, Association for Social Psychologists (ASPO) conference, 2023

Organizer of Fall symposium 'Virtues & Vices' of the Netherlands' National Association for Social Psychologists (ASPO) conference, 2013

Co-organizer of Netherlands' National Association for Social Psychology (ASPO) conference 2011

Organizer of international ASPO-symposium 'Behavioral coordination: The state of the art', 2011

Organizer of international symposium 'Are we chameleons or not? When mimicry reactions are reduced', British Psychological Society, Social Psychology Conference, 2010

Organizer of international colloquia of the Department of Social and Organizational Psychology at Utrecht University, 2009 – 2010

Co-organizer first annual international conference on Asymmetry, Cognition, and Emotion (FACE), 2008

Organizer of colloquia of the department of Social and Organizational Psychology, Leiden University, 2006 – 2009

Co-coordinator interdependence discussion group of the department of Social and Organizational Psychology, Leiden University, 2005-2009

Coordinator research discussions department of Social Psychology, Radboud University Nijmegen, 2004

Editorial and reviewing activities

Member of (inter)national editorial boards

Social and Personality Psychology Compass, 2025 – present
Handbook on the Psychology of Animal Product Consumption, 2024 – present
Social Influence 2020 – present
Legal and Criminological Psychology, 2012 – 2024
Psychological Science 2012 – 2019
Editor of Dutch Yearbook Social Psychology 2010

Reviewer of grant proposals

Dutch Organization for Scientific Research (NWO)
Canada Foundation for Innovation (CFI)
French National Research Agency (ANR)
German Research Foundation (DFG)
Social Sciences and Humanities Research Council of Canada (SSHRC)

Reviewer for international journals

e.g., Psychological Science, Personality and Social Psychology Bulletin, Personality and Social Psychology Review, Social Psychological and Personality Science, Cerebral Cortex, Journal of Experimental Social

Psychology, Social Cognition, European Journal of Social Psychology, Social Influence, Journal of Nonverbal Behavior, Cognition and Emotion, Frontiers

Memberships

- Kurt Lewin Institute (full member)
- European Association of Social Psychology (full member)
- Society for Personality and Social Psychology
- Association of Social Psychology Researchers (ASPO)
- Dutch Network of Women Professors (LNVH)
- Society for the Psychology of Human-Interaction Intergroup Relations (PHAIR)

Awards, grants, and other special accomplishments

I have obtained both research and educational funding for a total amount of approximately €1.5M. Additionally, I received two inspiration award as an acknowledgement for being an inspirational leader.



2025 **DIVD.fund Bits and Bytes 2025** On the way to motivating people to take protective action. Co-applicant with team members Nicole Huijts (PI), Jeroen van der Ham, and Michelle Waltherscheid *€10,000*

2025 **NWO Open competition M 2024** Uncovering washing practices: Providing insights and solutions to consumers' impaired ability to detect deceptive marketing. PI with team members Ariana Need, Michel Ehrenhard, and Menno de Jong *€399.795*

2024 **Person of Inspiration, BMS awards 2024** Award from the faculty Behavioural, Management, and Social Sciences of the University of Twente. Obtained for further shaping the promotion procedures within the faculty and being an inspirational colleague.

2024 **ZonMw funding** 'Models for impact of government communication and citizens' opinion formation on the spread of pandemics. Co-PI with Pieter Trapman and Shenja van der Graaf, *€429.461.*

2021 **Educational funding** 'More technology in BSc PSY, PSTS, IBA, EST', WSV-and-innovation funds 2021. PI with co-applicants Michael Nagenborg, Michel Ehrenhard, Susan McKenney *€219.119*.

2020 **Inspiration award** of the faculty Behavioural, Management, and Social Sciences of the University of Twente. Obtained for the inspiring leadership as educational director of the bachelor and master programmes of Psychology in bringing a technology-oriented Psychology programme to being the best Psychology bachelor programme in a competitive Dutch field.

2020 **Research funding** 'Exploring possible copycat behaviour of terrorist attacks', Research and Documentation Centre (WODC) of the Ministry of Justice and Security, The Netherlands, grant number 2868, Co-PI with Liesbeth Hulst, Kees van den Bos, and Beatrice de Graaf, *€69.494*.

2019 **Research funding** 'Self-reliance and horizontal aid in the event of disasters and crises' & 'Assessing risk communication', Research and Documentation Centre (WODC) of the Ministry of Justice and Security, The Netherlands, grant number 3032/3056, PI with co-applicants Frank ten Doeschot, Wouter Andriga, Jaap Bouwmeester, and Jan Gutteling, *€111.762*.

2019 **Research funding** 'Management burden of immigrants in custody', Research and Documentation Centre (WODC) of the Ministry of Justice and Security, The Netherlands, grant number 3048, co-applicant with PI Sven Zebel and with co-applicant Ellen Giebels, *€65.375*.

2019 **Ph.D. research** proposal for University of Twente accepted 'discrepancies between subjective and objective methods in deception research', PI Peter Slijkhuis, with Ellen Giebels, worth *€150.000*.

2018 **Research funding** 'The reach of crisis communication means during emergencies', National Coordinator for Security and Counterterrorism of the Ministry of Justice and Security, The Netherlands, PI with co-applicant Jan Gutteling *€59.012*.

2018 **Research funding** 'Analysis crisis communication during the fire Venlo/Blerick 2018', Safety Region Noord Limburg, co-applicant with PI Jan Gutteling *€10.000*.

2016 **Research funding** 'Communication to vulnerable groups in disasters', Research and Documentation Centre (WODC) of the Ministry of Justice and Security, The Netherlands, grant number 2736, PI with co-applicants Didi Ketelaar, Jan Guttteling, Ellen Giebels, and José Kerstholt, *€50.000*.

2015 **Ph.D. research** proposal for Tilburg University accepted 'Trust and deception in decision making', co-applicant with Tony Evans and Ilja van Beest, worth *€150.000*.

2013 **ASPO symposium grant** 'Virtues & Vices', Tilburg University *€1.500*.

2011 **Ph.D. research** proposal for Tilburg University accepted 'Cognitive and affective processes in deception', PI Anna van 't Veer, with Ilja van Beest, worth *€150.000*.

2011 **ASPO symposium grant** 'Behavioral coordination: The state of the art', Tilburg University, *€1.000*.

2007 Nominated for **best teacher Psychology**, Leiden University

2006 **Ph.D. research** proposal for Leiden University accepted 'Nonverbal behaviour and its consequences towards people with high and low status', PI with co-applicant Eric van Dijk, worth *€150.000*.

2006 **Travel grant** of Leiden University Fund to visit social psychology conference in Memphis, *€871,83*.

2005 **Finalist for the ASPO dissertation award** for the best Dutch social psychological dissertation.

2005 Graduation Social Psychology honoured with ***Cum Laude***

2004 **Postgraduate travel grant** of the European Association of Experimental Social Psychology to visit the University of California, anta Barbara, *€1.350*.

2003 **Internationalization activity grant** of the Internationalization Fund Nijmegen to visit the University of California, Santa Barbara, *€1.135*.

Impact & Outreach activities

The impact of my publications and outreach activities are, among others, that I advised the Ministry of Justice and Security in the Netherlands on how to increase the reach and effectiveness of their risk and crisis communication. Currently, I am conducting research that benefits governments to be better prepared for future pandemics. Furthermore, I am often asked for my expert opinion in the media on how to effectively communicate risks and how to prevent future pandemics. Finally, my interventions to facilitate sustainable behaviour significantly reduced people's animal product consumption.



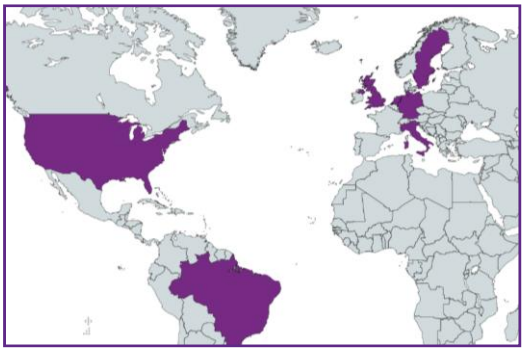
In the following, *a selection* of my outreach activities is presented.

Year	Topic	Impact / Outreach
2025	Addressing barriers to the protection of animals, climate, and nature	At the Caring Conference *'The Future is on the Table'*, Roos Vonk and I will share insights with healthcare professionals, farmers, veterinarians, chefs, and scientists, on overcoming barriers to protecting animals, climate, and nature. The event is organized by The Caring Movement, which unites efforts toward a just and sustainable system for animals and the planet.
2025	The psychological impact of welfare washing on people's behaviours	I shared my expertise on welfare washing for a report on the detrimental effect of misinformation in marketing materials and the media on farmed animal welfare by the Animal Law Foundation, a UK-based charity that is working towards building a robust legal framework for animals.
2025-2024	The effect of social influence on adherence to pandemic measures	We are running several research projects to advise the government on how to better prepare for future pandemics. The projects focus on the effect of our social environment on adherence to protective measures to prevent and reduce the effect of infectious diseases with pandemic-like potential.
2024	Measures to reduce the risk of collective violence	TV Interview for EditieNL (RTL4, 1 million viewers) on the expected effects of measures aimed to reduce the risk of escalation during a demonstration against an anti-asylum seekers' center. December 2nd , 2024.
2024	Reducing the exploitation of animals	This animated outreach video summarizes our article 'Reducing speciesism: An intervention to change people's attitudes and behavioral intentions' https://www.youtube.com/watch?v=1ZXFiSDAJCU
2024	How to reduce the barriers towards an animal-friendly and sustainable world	Presentation held at the Animal Liberation Gathering 2024 organized by Bite Back on how to reduce the psychological barriers people experience causing an intention-behaviour gap concerning animal-friendly and sustainable behaviour.
2024	Crowd behaviour during disturbances	TV Interview for EditieNL (RTL4, 1 million viewers) on the behaviour of individuals within a crowd during disturbances at the commemoration ceremony of May 4th on Dam Square in Amsterdam. April 19th , 2024.
2024	Promoting a plant-based transition to reduce zoonotic diseases	This animated outreach video summarizes our article 'Mitigating zoonotic risks in intensive farming: Solutions for a Sustainable Change'. It reached more than 88.000 people.
2024	The psychological costs of lying	Our article on the psychological costs of lying obtained international recognition in the media (e.g., New York Post, RTL Nord (German TV), El Pais (Spain), Newseria (Poland).
2022	What governments can do to reduce zoonotic risks	Our research on what governments can do to reduce zoonotic risks was part of an information package that was handed out to Dutch politicians during the climate and animal friendly parliamentary BBQ organized by Diervriendelijk Nederland.
2022	Why animal lovers eat animals	Interview about my expertise on the psychological mechanisms of animal product consumption for Vegan Magazine of the Dutch Association for Veganism (NVV)
2022	How to reduce zoonotic risks	I took part in a scientific debate on how to prevent the next pandemic at the Rode Hoed, Amsterdam. RodeHoed/Zo- UH-OH-nose (787 views)
2021	Risk perception of zoonoses in the Netherlands	Our research on risk perception of zoonoses was covered in the media (e.g. Trouw, New Scientist, MedicalXpress.com, U-Today, Tubantia, De Gelderlander & various animal protection and farmer's websites)
2021 - 2017	Increasing reach and effectiveness of risk and crisis communication	Several research projects were conducted advising the government on how to increase the reach and effectiveness of risk and crisis communication: increasing self-reliance and horizontal aid, effective risk communication, reaching vulnerable citizens, evaluating crisis communication
2020	1.5 meter society and the impact on social beings like us	Interview on the 1.5 meter society and the impact on social beings as part of the Campus talks, by Studium Generale, University of Twente. https://youtu.be/kWjEr2tp33k
2020	How do we decide to trust or distrust?	Interview on how we decide to trust or distrust by Quest, a monthly popular Science magazine in the Netherlands.
2020	Protective measures against corona	Our research on adherence to COVID-19 safety measures was featured on national TV, radio, and newswebsites (eg, NOS TV and radio, NPO Radio 1, Volkskrant, Nederlands Dagblad, and various online newssites (e.g., NOS).

Publications

I have published 77 peer-reviewed articles, book (chapter)s, and reports (Google Scholar *h* index = 20).

My interdisciplinary and international profile is evidenced by the involvement of over 100 (inter)national co-authors from a broad range of disciplines, including psychology, communication sciences, organizational behaviour, criminology, business administration, mathematics, and epidemiology, and from the highlighted countries in the picture. This underlines my status as an expert in the field of enhancing safety.



The impact factors (I) of the international journals and if the journal is regarded as a high impact journal according to the Kurt Lewin Institute (H) are indicated in the international journal publication list presented below. Open access journals are indicated with an O.

International journal publications

- Slijkhuis, P. J. H., Watson, S. J., Förster, H., **Stel, M.,** & Giebels, E. (2026). Unmasking deception: Examining receivers' emotional responses with automated facial expression analysis in veracity and valence. *Journal of Nonverbal Behavior*. https://doi.org/10.1007/s10919-026-00506-6 (I = 1.2, H, O)
- Walther, M., Watson, S., Boden, A., **Stel, M.** (2025). A Grounded theory of how consumers determine the veracity of online user reviews. *Behaviour & Information Technology.* https://doi.org/10.1080/0144929X.2025.2528764 (I = 2.9, H, O)
- **Stel, M.** & Unterweger, A. (2025). Towards sustainability by reducing speciesism: The effect of a prejudice-based intervention on people's attitudes and behaviours towards animals. *British Journal of Social Psychology, 64,* e12864. https://doi.org/10.1111/bjso.12864 (I = 3.2, H, O)
- Hadaschik, J., van Sintemaartensdijk, I., Ruiter, R. A. C., **Stel, M.**, & Massar, K. (2025). Associations between early life stress and adult health-behaviour and risk-taking: A Structural Equation Modelling approach. *Evolutionary Psychological Science*. https://doi.org/10.1007/s40806-024-00406-2 (I = 1.5, H, O)
- Jaeger, B., Evans, A. M., **Stel, M.,** & van Beest, I. (2025). Intuitive thinking is associated with stronger belief in physiognomy and confidence in the accuracy of facial impressions. *Journal of Nonverbal Behavior*. https://doi.org/10.1007/s10919-025-00497-w (I = 1.2, H, O)

- Banach, N. & **Stel, M.** (2024). Reducing speciesism: An intervention towards changing people's attitudes and behavioral intentions. *Anthrozoös*. https://doi.org/10.1080/08927936.2024.2345472 (I = 1.6, H, O)
- **Stel, M.** & Banach, N (2023). Preventing zoonoses: Testing an intervention to change attitudes and behaviors toward more protective actions. *International Journal of Environmental Research and Public Health*, *20*, 6987. https://doi.org/10.3390/ijerph20216987 (I = 3.39, H, O)
- Preuter, S., Jaeger, B., & **Stel, M.** (2023). The costs of lying: Consequences of telling lies on liar's self-esteem and affect. *British Journal of Social Psychology.* https:///doi.org/10.1111/bjso.12711 (I = 5.4, H, O)
- **Stel, M.**, Eggers, J., & Alonso, W. J. (2022). Mitigating zoonotic risks in intensive farming: Solutions for a sustainable change. *EcoHealth*, *19*, 324-328. https://doi.org/10.1007/s10393-022-01605-8 (I = 4.474, H, O)
- Möller, T., Doms, B., & **Stel, M.** (2022). Online deceptive impression management: Self-admission and other estimates of false facebook-selves. *Open Psychology Journal*, *15*(1), [e187435012206090] https://doi.org/10.2174/18743501-v15-e2206090 (I = 0.232, O)
- **Stel, M.**, Eggers, J., & Nagelmann, S. (2022). Accuracy of risk perception of zoonoses due to intensive animal farming and people's willingness to change their animal product consumption. *Sustainability*, *14*, [589]. https://doi.org/10.3390/su14020589 (I = 3.900, H, O)
- Walther, M., Petrov, P., Smith, R., Young, D., de Vries, P. W., & **Stel, M.** (2022). Emojis in deceptive online communication: The frequency and type of emoji in deceptive and nondeceptive online messages. *Open Psychology Journal*, *15*(1), [e187435012207050]. https://doi.org/10.2174/18743501-v15-e2207050 (I = 0.232, O)
- Jaeger, B., Evans, A. M., **Stel, M.**, & van Beest, I. (2022). Understanding the role of faces in person perception: Increased reliance on facial appearance when judging sociability, *Journal of Experimental Social Psychology*, 100, https://doi.org/10.1016/j.jesp.2022.104288. (I = 3.532, H, O)
- **Stel, M.** & Van Dijk. E. (2021). Response: Commentary: Distrust, false cues, and below-chance deception detection accuracy: Commentary on Stel et al. (2020) and further reflections on (un)conscious lie detection from the perspective of Truth-Default Theory. *Frontiers in Psychology, 12,* 763218. https://doi.org/10.3389/fpsyg.2021.763218 (I = 2.089, H, O)
- **Stel, M.**, Schwarz, A., Van Dijk, E., & Van Knippenberg, A. (2020). The limits of conscious deception detection: When reliance on false deception cues contributes to inaccurate judgments. *Frontiers in Psychology, 11,* 1331. https://doi.org/10.3389/fpsyg.2020.01331 (I = 2.089, H, O)
- Jaeger, B., Evans, A. M., **Stel, M.**, & van Beest, I. (2019). Explaining the persistent influence of facial cues in social decision-making. *Journal of Experimental Psychology: General, 148*, 1008-1021. https://doi.org/10.1037/xge0000591 (I = 4.017, H)
- Jaeger, B., Sleegers, W. W. A., Evans, A. M., **Stel, M.**, & van Beest, I. (2019). The effects of facial attractiveness and trustworthiness in online peer-to-peer markets. *Journal of Economic Psychology, 75,* 102125. (I = 1.338, H)

- **Stel, M.** & Van Dijk, E. (2018). When do we see that others misrepresent how they feel? Detecting deception from emotional faces with direct and indirect measures. *Social Influence,* 137-149 (I = 0.979, O).
- Van Veldhuizen, T., Horselenberg, R., **Stel, M.,** Landström, S., Granhag, P. A., Van Koppen, P. J., (2017). The provenance of émigrés: The validity of measuring knowledge of places. *Psychology, Crime & Law, 23,* 553-574. (I = 1.589, H, O)
- **Stel, M.,** van Dijk, E., Van Baaren, R.B. (2016). When and why mimicry is facilitated and attenuated. *Social and Personality Psychology Compass 10,* 561-574. (I_{SJR} = 1.720, H)
- **Stel, M.** & Van Koningsbruggen, G. M. (2015). Healthy food consumption in young women. The influence of others' eating behavior and body weight appearance. *Appetite, 90,* 240-247. (I = 3.174, H)
- **Stel, M.** & Van Koningsbruggen, G. M. (2015). I need you closer to me: Effects of affiliation goals on perceptions of interpersonal distance. *European Journal of Social Psychology, 45,* 742-753. (I = 2.048, H)
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- **Stel, M.,** Van den Bos, K., Sim, S., & Rispens, S. (2013). Mimicry and just world beliefs: Mimicking makes men view the world as more personally just. *British Journal of Social Psychology, 52,* 397-411. (I =1.775, H)
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- Lakens, D., & **Stel, M.** (2011). If they move in sync, they must feel in sync: Movement synchrony leads to attributions of rapport and entitativity. *Social Cognition, 29*, 1-14. (I = 1.322, H)
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- **Stel, M.,** Van Dijk, E., & Olivier, E. (2009). You want to know the truth? Then don't mimic! *Psychological Science, 20,* 693-699. (I =6.128, H)
- **Stel, M.** & Van Knippenberg, A. (2008). The role of facial mimicry in the recognition of affect. *Psychological Science, 19,* 984-985. (I =6.128 , H)
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- **Stel, M.,** Van Baaren, R.B., & Vonk, R. (2008). Effects of mimicking: Acting prosocially by being emotionally moved. *European Journal of Social Psychology, 38,* 965-976. (I = 2.048, H)

Peer reviewed conference papers

- Hadaschik, J., van Sintemaartensdijk, I., Rabago Mayer, L., **Stel, M.,** & Massar, K (2024). Implementing behavioural decision-making tasks into immersive virtual reality environments. *Proceedings of Measuring Behaviour.*
- Mastop, J., **Stel, M.,** & Van Dijk, E. (2010). Mimicking or Complementing? The effect of procedural fairness and status on mimicking or complementing nonverbal behavior. *Proceedings of the International Association of Conflict Management*.
- **Stel, M.** & Van den Bos (2010). Mimicry as a tool for understanding the emotions of others. *Proceedings of Measuring Behavior.*

(Contribution to) books or reports

- **Stel, M.,** Jaeger, B., & Sleegers, W. (2027). Interventions to Reduce Animal Product Consumption: From Evidence to Enduring Real-World Impact. In M. Stel, J. Piazza, K. Dhont, & S. Loughnan (Eds.). *Handbook for the Psychology of Animal Product Consumption: Insights for Change*. Edward Elgar Publishing
- Zebel, S., **Stel, M.**, Haandrikman, M., Hadaschik, J., & Giebels, E. (2021). *The management burden of immigrants in custody in detention centre Rotterdam: A description and interpretation of the period 2015-2019* [*De*

beheerslast van vreemdelingen in bewaring in detentiecentrum Rotterdam: Beschrijving en duiding van de periode 2015-2019]. (WODC rapport; No. 3048). University of Twente. http://hdl.handle.net/20.500.12832/3151

- Van den Bos, K., Hulst, L., van Sintemaartensdijk, I., Schuurman, B., **Stel, M.**, Noppers, M., de Graaf, B., Jansma, A., Spiegel, C., Haandrikman, M., & Manshanden, L. (2021). *Copycat behavior of terroristic attacks: An exploration [Copycatgedrag bij terroristische aanslagen: Een verkenning]*. (WODC rapport; No. 2868). Utrecht University. http://hdl.handle.net/20.500.12832/3084
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- Kuttschreuter, M., **Stel, M.**, Haandrikman, M., Bouwmeester, J., Ten Doeschot, F., Van Straaten, G., & Andringa, W. (2021). *Effective risk communication: An inventory [Doeltreffende risicocommunicatie:een inventariserend onderzoek*]. (WODC Rapport; No. 3032). University of Twente. http://hdl.handle.net/20.500.12832/3053
- van 't Veld, A., Beerepoot, R., Kanne, P., **Stel, M.**, de Vries, P. W., & Kuttschreuter, M. (2020). *The corona- and loneliness virus [Het corona- en het eenzaamheidsvirus]*. I&O Research. https://www.ioresearch.nl/wp-content/uploads/2020/04/Het-corona-en-het-eenzaamheidsvirus-uitgebreid-rapport.pdf
- Zebel, S., Kuttschreuter, M., **Stel., M.,** & Giebels, E. (2019). Further development of the Victim Monitor survey: A mixed-methods approach' [Doorontwikkeling van de vragenlijst Slachtoffermonitor: Een *mixed-methods* benadering']. WODC project 2986. Enschede: Universiteit Twente.
- **Stel, M.** & Gutteling (2019). Report 'The reach of crisis communication means during emergencies' [Het bereik van communicatiemiddelen bij crisissituaties]. WODC project 2736. Enschede: Universiteit Twente.
- Gutteling, J. & **Stel, M.** (2018). Report 'analyzing the crisis communication during the fire of Venlo-Blerick on August 7, 2018 [GRIP3 Brand Venlo-Blerick 7 Augustus 2018]'. Veiligheidsregio Limburg Noord project. Enschede: Universiteit Twente. Evaluation report-link.
- **Stel, M.**, Ketelaar, D. Gutteling, J., Giebels, E., & Kerstholt, J. (2017). Alarming and informing vulnerable groups in crises situations. [Het alarmeren en informeren van kwetsbare groepen bij crisissituaties]. WODC project 2736. Enschede: Universiteit Twente. https://repository.wodc.nl/handle/20.500.12832/2296
- **Stel, M.** (2016). The role of mimicry in understanding the emotions of others. In U. Hess & A. Fischer (Eds.). *Emotional Mimicry in Social Context*. Cambridge: Cambridge University Press.
- **Stel, M.**, Van 't Veer, A. E., & Hartgerink, C. H. J. (2014). Intentionality of lying. In Levine, T. R. & Golson, G. (Eds.), *Encyclopedia of Lying and Deception*, Ipswitch, MA; Salem Press.
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- Van Prooijen, J. W., **Stel., M.,** Renes, R. A., Vliek, M. L. W., & Derks, B. (2010) *Jaarboek Sociale Psychologie 2010*. Delft: ASPO Pers.
- **Stel, M.** (2005). *The social functions of mimicry: On the consequences and qualifiers of facial imitation.* Nijmegen: Prisma Print.

National (refereed) journal publications

- Broekhoven, van K., Freijzer, S., Hoevenaar, N., Maas, D., Van Osch, Y. & **Stel, M.** (2013). Motivated to win: The effect of motivation prime on performance [Gemotiveerd om te winnen: Het effect van een motivatie prime op prestatie]**.** In: Dotsch, R., Papies, E. K., Pronk, T. M., Rutjens, B. T., van der Toorn, J., & Ufkes, E. G. (Eds.), *Jaarboek Sociale Psychologie 2013*. Groningen: ASPO pers.
- **Stel, M.,** Van Koningsbruggen, G. M., De Jong, M., & Schellekens, K. (2013). Closer to me: Effects of affiliation primes on perceptions of interpersonal distance [Dichterbij mij: Effecten van affiliatieprimes op percepties van interpersoonlijke afstand]. In: Dotsch, R., Papies, E. K., Pronk, T. M., Rutjens, B. T., van der Toorn, J., & Ufkes, E. G. (Eds.), *Jaarboek Sociale Psychologie 2013*. Groningen: ASPO pers.
- Van 't Veer, A. E., **Stel, M.,** & Van Beest, I. (2013). Reduced capacity to lie: People are more honest with less working capacity [Verminderd Vermogen om te Liegen: Met Minder Werkgeheugen Zijn Mensen Eerlijker]. In: Dotsch, R., Papies, E. K., Pronk, T. M., Rutjens, B. T., van der Toorn, J., & Ufkes, E. G. (Eds.), *Jaarboek Sociale Psychologie 2013*. Groningen: ASPO pers.
- Penning, S., Müller, B. C. N., Mastop, M., & **Stel, M.** (2012). *When similarity reduces mimicry [Wanneer gelijkheid leidt tot minder imitatie].* In B. Derks et al (Ed.), *Jaarboek Sociale Psychologie 2012*. Groningen: ASPO Pers.
- **Stel, M.** & Harinck, S. (2012). The impact of mimicry on voting behavior [Imitatie Maakt je een Prosociale Kiezer]. In B. Derks et al (Ed.), *Jaarboek Sociale Psychologie 2012*. Groningen: ASPO Pers.
- Van 't Veer, A. E., **Stel, M.,** & Van Beest, I. (2012). When a lie is accepted: The influence of perspective and intention [Wanneer een leugen geaccepteerd wordt: De invloed van perspectief en intentie]. In M. Strick, M. Baas, L. van Dillen, R. Dotsch, L. Lakens, & M. de Vries (Ed.), *Jaarboek Sociale Psychologie 2012.*
- Mastop, J., **Stel, M.,** & Van Dijk, E. (2010). Mimicry or complementarity? Effects of justice and status on imitating or complementing nonverbal behavior [Imiteren of complementeren? Het effect van rechtvaardigheid en status op imiteren of complementeren van non-verbaal gedrag]. In J. W. van Prooijen, **M. Stel**, R. A. Renes, M. L. W. Vliek, & B. Derks (Ed.), *Jaarboek Sociale Psychologie 2010*. Delft: ASPO Pers.
- **Stel, M.,** Van den Bos, K., Smeets, R. C., & Bonga, B. (2010). Mimicry mechanisms in people with autistic spectrum disorders [Imitatie-mechanismen bij mensen met autisme spectrum stoornissen]. *Wetenschappelijk Tijdschrift Autisme, 2,* 55-59.
- Mastop, J., **Stel, M.,** & Van Dijk, E. (2009). To mimic or complement nonverbal behavior: The role of status [Imiteren of complementeren van non-verbaal gedrag: Het belang van status]. In R. Custers, B. Beersma, H. Van den

Berg, F. Harinck, & M. Van Zomeren (Ed.), *Jaarboek Sociale Psychologie 2008*. Groningen: ASPO Pers.

- **Stel, M.,** Van Dijk, E., & Olivier, E. (2009). The influence of mimicry on detecting deception [Wil je de waarheid weten? Imiteer dan niet!]. In R. Custers, B. Beersma, H. Van den Berg, F. Harinck, & M. Van Zomeren (Ed.), *Jaarboek Sociale Psychologie 2008*. Groningen: ASPO Pers.
- Mastop, J., **Stel, M.,** & Strick, M. (2007). The influence of mimicry on the effectiveness of TV-commercials [De invloed van imitatie op de effectiviteit van televisiereclames]. In C. van Laar, R. de Ruiter, F. Harreveld, J. Karremans & W. van Rijswijk (Ed.), *Jaarboek Sociale Psychologie 2006*. Groningen: ASPO Pers.
- **Stel, M.** (2007). Emotional lie detection: 'You don't seem sad, but I believe you' [Emotionele leugendetectie: 'je ziet er niet verdrietig uit, maar toch geloof ik je']. In C. van Laar, R. de Ruiter, F. Harreveld, J. Karremans & W. van Rijswijk (Ed.), *Jaarboek Sociale Psychologie 2006*. Groningen: ASPO Pers.
- **Stel, M.,** Kinds, E., Van Kempen, V., & Wevers, A. (2006). The amount of mimicry displayed by people with autism and its effects on empathy and understanding [De mate van imitatie bij autisten en haar effecten op empathie en begrip] In R.W. Holland, J. Ouwerkerk, C. van Laar, R. de Ruiter & J. Ham (Ed.), *Jaarboek Sociale Psychologie 2005*. Groningen: ASPO Pers.
- **Stel, M.,** Van Baaren, R., Blascovich, J., McCall, C., Pollmann, M., Van Leeuwen, T., & Vonk, R. (2006). Mimicry and liking: A functional approach. [Imitatie en liking: een functionele benadering]. In R.W. Holland, J. Ouwerkerk, C. van Laar, R. de Ruiter & J. Ham (Ed.), *Jaarboek Sociale Psychologie 2005*. Groningen: ASPO Pers.
- **Stel, M.** & Vonk (2005). Imitation-effects of real and acted emotions. [Imitatie-effecten bij echte vs. geacteerde emoties]. In E. Gordijn, J. Ouwerkerk , R. Holland & A. Meijnders (Ed.), *Jaarboek Sociale Psychologie 2004*. Groningen: ASPO Pers.
- **Stel, M.,** Bergmann, H., Jansen, C., Muller, B., & Wagenaar, A. (2005). Does imitation help to improve your impression when being disliked? [Helpt imitatie je indruk te verbeteren wanneer je onaardig gevonden wordt?] In E. Gordijn, J. Ouwerkerk , R. Holland & A. Meijnders (Ed.), *Jaarboek Sociale Psychologie 2004*. Groningen: ASPO Pers.
- **Stel, M.** & Vonk, R. (2004). The social functions of facial mimicry: Effects on empathy, understanding, feelings of similarity, and liking. [De sociale functies van gezichtsimitatie: Effecten op empathie, begrip, gelijkheidsgevoelens en 'liking']. In D. Wigboldus, M. Dechesne, E. Kluwer & E. Gordijn. *Jaarboek Sociale Psychologie 2003*. Groningen: ASPO Pers.
- Smeets, R.C., **Stel, M.,** & Vonk, R. (2004). Stereotyping after self-threat: a cognitive capacity explanation. [Stereotyperen na zelf-bedreiging: een cognitieve capaciteitsverklaring] In D. Wigboldus, M. Dechesne, E. Kluwer & E. Gordijn. *Jaarboek Sociale Psychologie 2003*. Groningen: ASPO Pers.
- **Stel, M.** & Van Knippenberg, A. (2002). The role of mimicry in recognizing emotions [De rol van gezichtsimitatie in de herkenning van emoties]. In D.A. Stapel, M. Hagedoorn, & E. Van Dijk (Ed.), *Jaarboek Sociale Psychologie 2001* (pp 215-226). Delft: Eburon.

Presentations

I am often invited to give expert talks at international conferences, universities, and meetings attended by practitioners. I presented, for instance, at the *Society of Experimental Social Psychology Conference*, the Annual Convention of the *Association Psychological Science*, the general meetings of *Society for Personality and Social Psychology* and of *European Association of Social Psychology.* Furthermore, I am often invited to give expert talks during which practitioners are present. For instance, I was invited to give an expert talk in London at an invitation only meeting on the theme of 'winning people over' and its implications for law enforcement. The goal of this meeting was to exchange information between researchers with backgrounds in psychology, anthropology, computing, linguistics, management, and neuroscience and representatives from Canadian, European, UK and US law enforcement agencies and defence organizations.

Invited expert talks

- Stel, M., (2025). What really changes how we eat? When people and environments taste change together. Invited speaker, together with Roos Vonk for the Caring Conference, November 2025.
- Stel, M., (2025). Facilitating the protein transition: Addressing barriers to reducing animal product consumption. Presentation at the inspiration session of the Marketing and Consumer Behaviour group at Wageningen University, October 2025, Wageningen, The Netherlands.
- Stel, M., (2025). From consumption to compassion: Reducing speciesism as a pathway to sustainability. Invited guest speaker for the Network for Sustainable Food Transitions (NEST), June 2025, online.
- Stel, M., (2025). From friend to food: The lens through which we see animals. Research presented at the opening of sanctuary Het Wijland, Darp, The Netherlands.
- Stel, M. (2022). Barriers to sustainable food consumption. Talk presented during the sustainability week Dimensie, March 2022.
- Stel, M. (2018). Deception in modern life. Colloquium presented at Utrecht University, May 2018, Utrecht, The Netherlands.
- Stel, M. (2018). Communicating deception in modern life. Paper presented at the Kurt Lewin Institute conference, April 2018, Zeist, the Netherlands.
- Stel, M. (2017). The truth about lying: Communicating deception in modern life. Colloquium presented at Tilburg University, September 2017, Tilburg, The Netherlands.
- Stel, M. (2016). Understanding others: The role of mimicry and deception. Colloquium presented at University of Twente, March 2016, Enschede, The Netherlands.
- Stel, M. (2015). Understanding true and deceptive emotional expressions of others. Colloquium presented at Leiden University, March 2015, Leiden, The Netherlands.

- Stel, M. (2015). Effects of mimicry in understanding the emotions of others. Colloquium presented at Tilburg Centre for Cognition and Communication, March 2015, Tilburg, The Netherlands.
- Stel, M., Zeelenberg, M., Van Dijk, W.W., & Kutsal, Z. (2014). Effects of mimicry on the elicitation of stereotype consistent behavior. Paper presented at the Self in Action Symposium. March 2014, Nijmegen, The Netherlands.
- Stel, M. (2013). Mimicry brings people closer together: Emotional and prosocial effects of mimicry in interaction. Colloquium presented at Wageningen University, June 2013, Wageningen, The Netherlands.
- Stel, M. (2012). Remote effects of mimicry. Paper presented at the Kurt Lewin Institute conference, June 2012, Zeist, the Netherlands.
- Stel, M. (2012). Imitation makes you smart! ['Imitatie maakt slim']. Paper presented at the ASPO Blits, April 2012, Amsterdam, the Netherlands.
- Stel, M. (2012). Nonverbally detecting deception. Colloquium presented at Lancaster University, January 2012, Lancaster, United Kingdom.
- Stel, M. (2011). How to detect deception? Colloquium presented at University of Twente, October 2011, Enschede, The Netherlands.
- Stel, M. (2011). Nonverbally detecting deception. Colloquium presented at Tilburg University, June 2011, Tilburg, The Netherlands.
- Stel, M. (2011). Mimicry makes people more cooperative and empathic. Presented at Workshop 'Winning people over: The state of the art', March 2011, London, United Kingdom.
- Stel, M. (2011). Mimicry and facial feedback mechanisms in people with Autistic Spectrum Disorders. Presented at 11th National Autism Conference, March 2011, Rotterdam, The Netherlands.
- Stel, M., Van den Bos, K., & Van Dijk, E. (2010). Mimicking emotions from facial expressions: More empathizing, less truth-finding. Presented at Society of Experimental Social Psychology Conference, October 2010, Minneapolis, Minnesota.
- Stel, M. (2010). The eyes of truth: Narrowed eyes keep you further from detecting the truth. Paper presented at the Kurt Lewin Institute conference, April 2010, Zeist, the Netherlands.
- Stel, M. (2009). Mimicry and facial feedback processes in understanding the emotions of others. Colloquium presented at University of Groningen, September, 2009, Groningen, The Netherlands.
- Stel, M. (2009). Understanding the emotions of others. Colloquium presented at Utrecht University, February, 2009, Utrecht, The Netherlands.
- Stel, M. (2008). Understanding others: Effects of mimicry and feedback processes. Colloquium presented at University of Mannheim, May, 2008, Mannheim, Germany.
- Stel, M. (2007). Understanding others: Effects of mimicry and feedback processes Colloquium presented at Tilburg University, May, 2007, Tilburg, The Netherlands.
- Stel, M. (2006). Effects of mimicry when emotional expressions are not real. Paper presented at the Kurt Lewin Institute conference, June 2006, Zeist, the Netherlands.
- Stel, M. (2005). The social consequences of facial mimicry. Colloquium presented at Leiden University, November 2005, Leiden, the Netherlands.

- Stel, M. & Vonk, R. (2004). The social consequences of facial mimicry: an overview. Presentation at the Social Psychology Area Meeting of the University of California, February, 2004, Santa Barbara, California.

Conference presentations (first author only)

- Stel, M., Breukelman, L., Unterweger, A., de Jong, M., Ehrenhard, M., & Need, A. (2025). Uncovering Washing: Consumers' Awareness of Misinformation on Supermarket Shelves. Paper presented at the BMS conference, November 2025, Enschede, The Netherlands.
- Stel, M., Schomaker, C., Hehn, L., Isfort, V., Sokratous, V., Brack, J., Jeeninga, O., Yildiz, S., & Akchich, S. (2024). Towards sustainability by reducing speciesism: Testing an intervention educating about animal minds. Paper presented at the ASPO conference, December 2024, Groningen, The Netherlands.
- Stel, M., & Unterweger, A. (2023). A prejudice-based speciesism intervention: Reducing people's speciesist attitudes and hurtful behaviours toward animals. Paper presented at the Animal Advocacy conference of the Society for the Psychology of Human-Interaction Intergroup Relations (PHAIR), Canterbury, United Kingdom/online.
- Stel, M., & Unterweger, A. (2023). Changing the moral standing of animals: A prejudice-based intervention reducing people's speciesist attitudes and hurtful behaviours toward animals. Paper presented at the ASPO conference, April 2023, Utrecht, The Netherlands.
- Stel, M., Eggers, J., Nagelmann, S. (2020). Accuracy of risk perception of zoonoses due to meat industry: Two descriptive studies. Paper presented at the ASPO conference, December 2020, Online.
- Stel, M., Brychlec, C., Doms, B., & Krywuczky, F (2019). When people deceive: The influence of people's surroundings on deceptive decision making. Paper presented at the ASPO conference, December 2019, Wageningen, the Netherlands.
- Stel, M., Zeelenberg, M., Van Dijk, W.W., & Kutsal, Z. (2012). Imitating a professor makes you act smart! Paper presented at presented at the 14th European Social Cognition Network meeting, Estoril, Portugal.
- Stel, M., Zeelenberg, M., Van Dijk, W.W., & Kutsal, Z. (2012). The influence of mimicry on behavioral effects of stereotype activation. Colloquium presented at Tilburg University, June, 2012, Tilburg, The Netherlands.
- Stel, M., & Van Dijk, E. (2011). Detecting deception from emotional faces: Is that really how you feel? Paper presented at Society for Personality and Social Psychology, January 2011, San Antonio, Texas.
- Stel, M., Pennings, S., Muller, B., Mastop, J. (2010). The relationship between similarity and reactions of mimicry and complementarity ['De relatie tussen gelijkheid en reacties van imitatie en complementariteit']. Paper presented at the ASPO conference, December 2010, Enschede, the Netherlands.
- Stel, M. & Harinck, F. (2010). Being mimicked makes you a prosocial voter. ['Imitatie maakt je een prosociale kiezer']. Paper presented at the ASPO conference, December 2010, Enschede, the Netherlands.

- Stel, M. & Van den Bos, K. (2010). To mimic or not: it is all about the connection! Paper presented at the British Psychological Society Social Psychology Conference, September 2010, Winchester, United Kingdom.
- Stel, M. & Van den Bos (2009). Acting more prosocially due to nonverbal mimicry. Paper presented at the 21st Annual Convention of the Association Psychological Science, May 2009, San Fransisco, California.
- Stel, M., Van den Heuvel, C., & Smeets, R. C. (2008). Facial feedback mechanisms in people with Autistic Spectrum Disorders. Paper presented at the 12th European Conference on Facial Expression, July 2008, Geneva, Switzerland.
- Stel, M. & Van Dijk, E.. (2008). Detecting deception from emotional faces: Is that really how you feel? Poster presented at the 12th European Conference on Facial Expression, July 2008, Geneva, Switzerland.
- Stel, M., Van den Heuvel, C., & Smeets, R. C. (2008). Facial feedback mechanisms in people with Autistic Spectrum Disorders. Paper presented at the 15th General Meeting of the European Association of Experimental Social Psychology, June 2008, Opatija, Croatia.
- Stel, M. (2007). Detecting emotional deception: 'The jig is up: Emotions do not lie!' Poster presented at the 8th general meeting of the Society for Personality and Social Psychology, January 2007, Memphis, Tennessee.
- Stel, M. (2006). Emotional lie detection: 'You don't seem sad, but I believe you' [Emotionele leugendetectie: 'je ziet er niet verdrietig uit, maar toch geloof ik je']. Paper presented at the ASPO conference, December 2006, Leiden, the Netherlands.
- Stel, M., Vonk, R., & Smeets, R.C. (2006). The experience and communication of prosocial feelings due to mimicry in social interactions: Effects for perceivers and targets. Poster presented at the 7th general meeting of the Society for Personality and Social Psychology, January 2006, Palm Springs, California.
- Stel, M. Van Baaren, R., Blascovich, J., McCall, C., Pollmann, M., Van Leeuwen, T., & Vonk, R. (2005). Mimicry and liking: a functional approach [Imitatie en liking: een functionele benadering]. Paper presented at the ASPO conference, December 2005, Groningen, the Netherlands.
- Stel, M., Van Baaren, Blascovich, J., McCall, C., & Vonk, R. (2005). Mimicry and liking: is it really that simple? Paper presented at the 11th European Conference on Facial Expression, September 2005, Durham, England.
- Stel, M., & Vonk, R. (2005). Effects of facial imitation depend on whether the emotion is seen as real. Poster presented at the 11th European Conference on Facial Expression, September 2005, Durham, England.
- Stel, M., Van Baaren, Blascovich, J., McCall, C., & Vonk, R. (2005). Mimicry and liking: is it really that simple? Paper presented at the 14th General Meeting of the European Association of Experimental Social Psychology, July 2005, Wurzburg, Germany.
- Stel, M., Blascovich, J., McCall, C., & Vonk, R. (2005). When mimicry makes it worse. Poster presented at the 6th general meeting of the Society for Personality and Social Psychology, January 2005, New Orleans, Louisiana.
- Stel, M., Van Baaren, R., & Vonk, R. (2004). Mimicry fosters empathy and charity [Imitatie maakt empathisch en liefdadig]. Paper presented at the ASPO conference, December 2004, Amsterdam, the Netherlands.

- Stel, M., Bergmann, H., Jansen, C., Muller, B. & Wagenaar, A. (2004). Does mimicry help when you are disliked? [Helpt imitatie wanneer je onaardig gevonden wordt?] Paper presented at the ASPO conference, December 2004, Amsterdam, the Netherlands.
- Stel, M., Blascovich, J., McCall, C., & Vonk, R. (2004). Mimicking the disliked: Reverse effects of mimicry. Paper presented at the 6th European Social Cognition Network meeting, September 2004, Lisbon, Portugal.
- Stel, M. & Vonk, R. (2004). The social consequences of facial mimicry. Poster presented at the 5th general meeting of the Society for Personality and Social Psychology, January 2004, Austin, Texas.
- Stel, M. & Vonk, R. (2003). Imitation effects of real vs. acted emotions [Imitatie-effecten bij echte vs. geacteerde emoties]. Paper presented at the ASPO conference, December 2003, Maastricht, the Netherlands.
- Stel, M. & Van Knippenberg, A. (2003). Facial mimicry facilitates emotion recognition for females. Poster presented at the 10th European Conference on Facial Expression Measurement and Meaning, September 2003, Rimini, Italy.
- Stel, M. & Vonk, R. (2003). The social consequences of facial mimicry: Effects on empathy, understanding, feelings of similarity, and liking. Paper presented at the 10th European Conference on Facial Expression Measurement and Meaning, September 2003, Rimini, Italy.
- Stel, M. & Van Knippenberg, A. (2003). The role of facial mimicry in the recognition of emotions: Men showed different EMG patterns. Paper presented at the Kurt Lewin Institute conference, April 2003, Egmond aan Zee, the Netherlands.
- Stel, M. & Vonk, R. (2002). The consequences of facial mimicry [De gevolgen van gezichtsimitatie]. Paper presented at the ASPO conference, December 2002, Utrecht, the Netherlands.
- Stel, M. & Van Knippenberg, A. (2002). The role of facial mimicry in emotion recognition: Different effects for men and women. Paper presented at the 4th European Social Cognition Network Meeting, September 2002, Paris, France.
- Stel, M. & Van Knippenberg, A. (2001). The role of facial mimicry in the recognition of emotions: The effect of facial constraints on emotion recognition for women [De rol van gezichtsuitdrukkingen in de herkenning van emoties: Het effect van gezichtsbelemmeringen op emotieherkenning voor vrouwen]. Paper presented at the ASPO conference, December 2001, Tilburg, the Netherlands.

International visits

- Lancaster University, Department of Psychology (January 2012)
- University of Mannheim, Department of Social Psychology (November 2011)
- University of Mannheim, Department of Social Psychology (May 2008)
- University of California, Santa Barbara, Department of Psychology (January-March 2004)

Teaching

I have (re)developed, coordinated, and taught courses in the bachelor (1st, 2nd, and 3rd year), as well as in the master and research master on academic skills (literature search, writing, presenting, designing studies, analysing data) and on diverse topics of Psychology, Communication, and Management (e.g., introduction to psychology, sustainability, group dynamics, social influence, cognition, emotions, crime, resilience and risk management, risk perception and communication). Also, I supervise 2nd year project groups, internships, bachelor and master theses. For all specific courses I taught, see below.

I have received my Basic Teaching Qualification in 2010 and my English Qualification in 2011. Furthermore, I was coordinator of the research master minor Social Psychology and educational director of the master Social Psychology at Tilburg University. Moreover, I was educational director of the bachelor and (pre)master programmes of Psychology at the University of Twente from 2016 to 2023.

Present

2026– present:	Developer, coordinator, and lecturer 'Change at the individual level', Honours bachelor course
2026– present:	Guest lecturer 'Sustainable Futures', Bachelor course Industrial Design Engineering (Faculty Engineering Technology)
2024 – present:	Lead in developing and lecturer 'Resilience & Risk Management', Master Risk Management
2023 – present:	Co-developer, coordinator, and lecturer 'Risicoperceptie & Risicocommunicatie', Master Risk Management
2023 – present:	Co-developer and lecturer 'Psychology of Sustainability', Master course
2017 – present:	Coordinator teaching of the section of Psychology of Conflict, Risk, and Safety, University of Twente
2016 – present:	Lecturer Psychology of Safety, 2nd year Bachelor course
2011 – present:	Supervisor Research Project Psychology, 2nd year Bachelor course
2005 – present:	Supervisor Bachelor and (research) Master theses Social and Organizational Psychology
2005 – present:	Supervisor master internships Social and Organizational Psychology
2003 – present:	Information lectures and trial lectures Psychology

Past

2016 – 2025:	Coordinator and lecturer Group Dynamics and Interventions, Master course
2016 – 2025:	Lecturer Psychology and Crime, Master course
2016 – 2023:	Educational director of Psychology (Bachelor & (Pre)Master; master specializations: Positive Psychology & Technology,

	Health Psychology & Technology, Learning Sciences, Human Factors & Engineering Psychology, and Psychology of Conflict Risk and Safety
2015 – 2016:	Co-developer, coordinator, and lecturer the Social Psychology of Group Dynamics, 2nd year Bachelor course
2014 – 2016:	Educational director of the department Social Psychology, tracks Economic Psychology and Work & Organizational Psychology, and double degree programs with Moscow and Osnabruck
2014 – 2016:	Lecturer Emotion and Motivation, Research Master course
2011 – 2016:	Co-developer, coordinator, and lecturer Group Dynamics, 3rd year Bachelor course
2014:	Coordinator Research Master Minor Social Psychology
2012– 2014:	Invited lecturer Individual Research Proposal course, Master course
2011 – 2014:	Coordinator Research Project Psychology, 2nd year Bachelor course
2011 – 2013:	Lecturer Social Influence, Master course
2011:	Guest lecturer Research methods in the wild, Master course
2009 – 2010:	Creator and lecturer 'Social Psychology', University College, 2nd year Bachelor course
2007	Nominated for best teacher award Psychology
2005 – 2022:	Lecturer Capita selecta; Bachelor and Master course
2005 – 2009:	Coordinator and lecturer 'Intergroup relations'; Master course
2005 – 2009:	Lecturer work groups 'Emotions' as part of 'Evaluation and Persuasion'; 3rd year Bachelor course
2005 – 2009:	Lecturer 'Academic Skills'; 1st year psychology course
2005 – 2007:	Developer of Student Learning Program for the 3rd edition of the textbook 'Social Psychology' by Smith and Mackie (English and Dutch version)
2004 – 2005:	Developer, coordinator, and lecturer 'Social Psychology of Emotions'; 3rd year Bachelor course
2004 – 2005:	Supervisor 'Project Social Psychology I' and 'Project Social Psychology II'; 3rd year Bachelor research project
2004:	Lecturer 'Emotions'; Research Master course
2004:	Lecturer 'Current Themes in Social Psychology'; 3rd year Bachelor course
2004:	Supervisor 'Social Psychology'; 1st year research project Honours students
2003:	Supervisor 'Applied Social Psychology'; 3rd year Bachelor research project
2003:	Lecturer 'Social Cognition and Emotion'; 3rd year Bachelor course
2000 – 2002:	Supervisor 'Social Psychology'; 1st year research project and working groups